

Self-recorded Interview Guide

Format: Short video testimonial (30–60 seconds)

Setting the Background:

- **Environment:** Choose a quiet, indoor space with a simple background.
- **Audio:** If you have a mini-mic, please clip it to your collar. If not, don't worry—just ensure you are in a quiet room so the built-in microphone from your camera captures your voice clearly.
- **Lighting:** Try to face a window or a light source so your face is well-lit (avoid having a bright window behind you).

Recording Prompts:

1. **Introduction:** State your name and your role in the preparation of the 107th Annual Meeting.
2. **The Highlight:** Answer the questions below.
3. **Final Thoughts:** Is there anything else you'd like to share about your work or what you're excited about for the upcoming meeting?
4. **The "Outro":** Please state your name and role one last time (this helps us with editing and captioning!).

Email video responses to AMSHeadlines@ametsoc.org.